# FLINGO-OZ TABLETS

Ofloxacin 200 Mg With Ornidazole 500 Mg Tablets

# PATIENT & HEALTHCARE PROFESSIONAL INFORMATION

# **USES**

Ofloxacin with Ornidazole is a **fixed-dose combination antibiotic and antiprotozoal medication**. It is used to treat **mixed bacterial and anaerobic/protozoal infections**.

- **Ofloxacin:** A fluoroquinolone antibiotic that treats bacterial infections by inhibiting bacterial DNA replication.
- **Ornidazole:** A nitroimidazole derivative that treats anaerobic bacterial and protozoal infections by damaging their DNA.

**CRITICAL NOTE:** This combination is strictly for **PRESCRIBED INFECTIONS**. Ofloxacin (a fluoroquinolone) carries serious safety warnings. It is **NOT** for uncomplicated infections, viral infections, or prophylactic use.

# **DOSAGE & ADMINISTRATION**

- PRESCRIPTION ONLY: Take exactly as prescribed. Do not self-medicate or share this
  medication.
- **FREQUENCY:** Usually taken **TWICE DAILY** (every 12 hours). Follow your doctor's specific instructions.
- **FOOD:** Take **WITH FOOD** to minimize stomach upset. Avoid dairy products, calciumfortified juices, or antacids within 2 hours of taking the dose, as they can interfere with absorption.
- **FLUIDS:** Drink plenty of fluids while on this medication.
- **COMPLETE THE COURSE:** Finish the entire prescribed course, even if you feel better, to prevent relapse and antibiotic resistance.
- **MISSED DOSE:** Take it as soon as you remember. If it is almost time for the next dose, skip the missed dose. **DO NOT DOUBLE DOSE.**

# **INDICATIONS**

This combination is typically indicated for:

- **Severe or complicated gastrointestinal infections** (e.g., infectious diarrhea, dysentery).
- Pelvic Inflammatory Disease (PID).
- Post-surgical gynecological infections.
- **Dental infections** (e.g., acute ulcerative gingivitis, dental abscesses).
- **Protozoal infections** like Amoebiasis and Giardiasis, where mixed bacterial infection is suspected.

# SIDE EFFECTS

### **COMMON SIDE EFFECTS:**

- Nausea, vomiting, stomach pain, diarrhea, loss of appetite.
- Headache, dizziness.
- Unpleasant/metallic taste in the mouth (due to Ornidazole).

# SERIOUS SIDE EFFECTS – STOP MEDICATION AND SEEK IMMEDIATE MEDICAL ATTENTION:

- **Signs of Severe Allergic Reaction:** Skin rash, itching, swelling of face/lips/tongue, difficulty breathing.
- **Tendonitis or Tendon Rupture:** Pain, swelling, or inflammation in tendons (especially Achilles), or sudden inability to move a joint. Risk is higher in the elderly and those on corticosteroids.
- **Peripheral Neuropathy:** Pain, burning, tingling, numbness, or weakness in arms or legs.
- **Central Nervous System Effects:** Severe dizziness, lightheadedness, confusion, tremors, hallucinations, depression, suicidal thoughts, sleep disturbances.
- **Severe Diarrhea / Bloody Stools:** May indicate *Clostridioides difficile*-associated colitis
- **Liver Problems:** Yellowing of skin/eyes (jaundice), dark urine, severe abdominal pain.

# **CONTRAINDICATIONS & WARNINGS**

#### **ABSOLUTELY CONTRAINDICATED IN:**

- Known hypersensitivity to Ofloxacin, other fluoroquinolones, Ornidazole, or other nitroimidazoles.
- Patients with a history of tendon disorders related to fluoroquinolone use.

- **Pregnancy and Breastfeeding.** Ornidazole is contraindicated in the first trimester; Ofloxacin is generally avoided throughout pregnancy and lactation.
- Patients with epilepsy or history of seizures, or other central nervous system disorders.

# **USE WITH EXTREME CAUTION UNDER MEDICAL SUPERVISION IN:**

- Patients with **myasthenia gravis** (can exacerbate muscle weakness).
- Patients with **kidney or liver impairment** (dose adjustment may be required).
- The **elderly** (increased risk of tendon and central nervous system side effects).
- Patients with **G6PD deficiency** (risk of hemolytic anemia with Ornidazole).

**FLUOROQUINOLONE WARNING:** This class of antibiotics is associated with disabling and potentially permanent side effects affecting tendons, muscles, joints, nerves, and the central nervous system. Reserve use for infections with no alternative treatment options.

# **DRUG INTERACTIONS**

Inform your doctor about **ALL** medications you take, especially:

- **Blood Thinners** (e.g., Warfarin): Increased monitoring is required.
- **Corticosteroids** (e.g., Prednisone): Increase risk of tendon rupture.
- Theophylline, NSAIDs, Antidiabetic medications: May require dose adjustments.

# **STORAGE**

- Store in a cool, dry place below **30°C** (**86°F**).
- Protect from light and moisture.
- KEEP OUT OF REACH AND SIGHT OF CHILDREN.

**Disclaimer:** This information is for educational purposes and is intended for both patients and healthcare professionals. It is **NOT** a substitute for professional medical judgment, diagnosis, or treatment. Always refer to the official approved prescribing information for complete details.