

## Tramadol 37.5 mg with Paracetamol 325 mg Tablets

**Brand: Zosfen-P Tablets**

### Uses:

**1. Pain Management:** This combination medication is typically used to relieve moderate to moderately severe pain. Tramadol is an opioid analgesic that works by binding to opioid receptors in the brain and spinal cord, while paracetamol (acetaminophen) is a non-opioid analgesic that helps to enhance pain relief.

### Dosage:

- The dosage of Tramadol 37.5 mg with Paracetamol 325 mg tablets depends on various factors such as the severity of pain, individual response to the medication, and the prescriber's instructions.
- Generally, the usual recommended dosage for adults is one or two tablets every 4 to 6 hours as needed for pain relief. The maximum daily dose should not exceed the prescribed limit to avoid the risk of overdose.

### Side Effects:

- Common side effects of this combination medication may include:
  - Nausea and vomiting
  - Dizziness or lightheadedness
  - Drowsiness
  - Constipation
  - Headache
  - Dry mouth
- Less common but potentially serious side effects may include:
  - Respiratory depression (especially in high doses or when combined with other central nervous system depressants)
  - Allergic reactions (rash, itching, swelling, difficulty breathing)
  - Seizures
  - Serotonin syndrome (symptoms may include confusion, hallucinations, fast heart rate, fever, sweating, shivering, shaking, muscle stiffness, twitching, loss of coordination, nausea, vomiting, or diarrhea)

### Precautions:

- **Tramadol is an opioid medication** and should be used with caution, especially in individuals with a history of substance abuse, respiratory depression, or certain medical conditions.

- Paracetamol (acetaminophen) can cause liver damage if taken in high doses or with alcohol. Therefore, it's essential to follow the recommended dosage and avoid consuming alcohol while taking this medication.
- This medication may interact with other drugs, including certain antidepressants, sedatives, tranquilizers, muscle relaxants, or medications that affect serotonin levels. Inform your healthcare provider about all medications you are taking.
- Avoid driving or operating machinery until you know how this medication affects you, as it may cause dizziness or drowsiness.

**Packing: 10 x 10 Blister Pack**

**Important Note:**

It's crucial to use Tramadol 37.5 mg with Paracetamol 325 mg tablets only as prescribed by a healthcare professional. Do not exceed the recommended dosage or take it for longer than prescribed.

If you experience any concerning side effects or have questions about the medication, consult your healthcare provider promptly.

NOTE: This Information for only Medical Profession.